

OAKLAND & ALAMEDA

EFFECTIVE MARCH 9, 2026

Trips that will be removed from the schedule effective March 9 are in strikethrough and red text.

Trips that will be added to the schedule effective March 9 are in blue text.

WEEKDAYS (MON-FRI)

East Bay to San Francisco Mon.-Fri.			San Francisco to East Bay Mon.-Fri.		
DEPART MAIN ST. ALAMEDA	DEPART OAKLAND	ARRIVE DOWNTOWN S.F.	DEPART DOWNTOWN S.F.	ARRIVE OAKLAND	ARRIVE MAIN ST. ALAMEDA
—	5:55 AM	6:20 AM	6:25 AM	7:00 AM	6:45 AM
—	6:30 AM	6:55 AM	7:05 AM	7:30 AM	—
—	7:35 AM	8:00 AM	7:30 AM	7:55 AM	—
—	8:00 AM	8:25 AM	8:10 AM	8:35 AM	—
—	8:40 AM	9:05 AM	8:35 AM	9:00 AM	—
—	9:05 AM	9:30 AM	9:25 AM	10:00 AM	9:45 AM
—	9:10 AM	9:35 AM	9:35 AM	10:00 AM	—
9:50 AM	10:05 AM	10:30 AM	10:05 AM	10:30 AM	—
—	10:35 AM	11:00 AM	10:25 AM	11:00 AM	10:45 AM
10:50 AM	11:05 AM	11:30 AM	10:45 AM	11:20 AM	11:05 AM
11:10 AM	11:30 AM	11:55 AM	11:20 AM	11:55 AM	11:40 AM
11:45 AM	12:05 PM	12:30 PM	12:25 PM	12:50 PM	—
—	1:00 PM	1:25 PM	1:35 PM	2:00 PM	—
3:20 PM	2:05 PM	2:30 PM	2:35 PM	3:00 PM	3:15 PM
—	3:05 PM	3:40 PM	3:30 PM	3:55 PM	—
—	4:00 PM	4:25 PM	4:30 PM	4:55 PM	—
—	5:00 PM	5:25 PM	5:35 PM	6:00 PM	6:15 PM
6:35 PM	6:20 PM	6:55 PM	6:25 PM	6:50 PM	7:05 PM
7:10 PM	6:55 PM	7:30 PM	7:35 PM	8:00 PM	8:15 PM
8:20 PM	8:05 PM	8:40 PM	8:25 PM	8:50 PM	9:05 PM
10:05 PM	9:50 PM	10:25 PM	9:20 PM	9:45 PM	10:00 PM